

KINOKAWA AIKIDO  
PO BOX 205  
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#### UPCOMING EVENTS

Sunday, Sept 28, 2008  
Picnic and bokken/jo class

Saturday, October 18, 2008  
Fall Open Training Day  
at Bryn Mawr

#### SUBMISSIONS

We welcome news and information! Please send submissions to:

newsletter@kinokawa.org  
or...  
kinokawa aikido  
po box 205  
emmaus pa 18049

#### ON THE WEB

Copies of this newsletter, including back issues, are available in PDF:  
<http://www.kinokawa.org/newsletter>



合氣道 KINOKAWA  
AIKIDO

#### PICNIC AND BOKKEN/JO WEAPONS CLASS SUNDAY, SEPT. 28TH AT NOON

You are warmly invited to a picnic and outdoor weapons class on Sunday, September 28th. An outdoor bokken and jo class will be held from Noon until 2pm, and a picnic will follow from 2pm until 4(?)pm.

Hanshi Wirth has arranged for a picnic pavilion at the Norristown Farm Park. (details at bottom) Everyone is invited! (and everything is free.)

Those who wish to participate in training should bring their weapons and gis. Those not training can get a head start socializing and enjoying the park!

We're providing the basic picnic fare. PLEASE let us know if you're joining in the picnic "definitely" or just "probably" so we can have a reasonable head count.

We'd appreciate your bringing something to share; but that's completely optional. If you're inclined to bring something (park rules: no alcohol), please let us know so we can try to coordinate.

For information on the park, including a PDF map of the park, see the Norristown Farm Park information on the Montgomery County web site:

<http://www2.montcopa.org/parks/cwp/view,a,1441,q,41924.asp>

Park Address:

2500 Upper Farm Road  
Norristown, PA 19403

Directions within the park:

- enter using the main entrance on Germantown Pike
- turn right staying on Upper Farm Rd
- go past the main visitor lot (on the right)
- past Lot #2 (on the right)
- to Lot #3 on the left (closest to the pavilions)

### SPORTSFEST DEMONSTRATIONS JULY 2008

by Sempai Craig Constantine  
photos by Nam Truong

It's hard to believe that this was the fifth year that Kinokawa has participated in the martial arts demonstrations at SportsFest. Many things have changed since the demonstrators' humble beginnings. This year there were nine different martial arts schools demonstrating eleven different arts, and the demonstration venue was in a new, highly visible location.

It was a pleasure to meet so many dedicated martial artists, and to see the positive response from the SportsFest visitors and spectators who took the time to watch the demonstrations which ran nearly 5 hours in duration! My thanks go out to everyone, from all the groups, who worked so hard.

As for Kinokawa's contribution – I hope these photographs convey some of Kinokawa's power and flow. It was a delight and a privilege to participate under Hanshi's direction. I hope we'll see you there next year!

