



KINOKAWA
AIKIDO

KINOKAWA NEWS

Spring Seminar

Seminars are a long-standing tradition within Kinokawa. But why do we get together for long days of grueling training which makes our bodies ache and our minds strain? Hanshi's own words in welcoming new students are:

"Some of this will be easy, but often the changes are sweeping, even difficult. Persevere through your periods of doubt and disillusionment and you will find that compassion has replaced fear in your heart, and the peace of your being fills the ordinary moments of your life."

Each of us goes through similar experiences of pain and elation, of confusion and discovery. Hanshi Wirth's teaching to, and through, his senior students has created a group of people who learn to see things clearly and truly. The 2006 Spring Seminar was a wonderful reminder of these things.

We hope this newsletter finds you and your family well, and we look forward to seeing you in the future whenever our paths may cross.

UPCOMING EVENTS

SportsFest X: July 6, 7, 8 and 9, 2006

Kinokawa Aikido will again be participating in the martial arts demonstrations at SportsFest in Allentown, PA. We invite all Kinokawa students to attend and participate. We hope you will consider showing your support for Kinokawa by helping staff the booth during SportsFest (any of the four days), and especially by participating in the demonstrations on Friday and Saturday. If you can help, please contact JD or Craig at the Allentown dojo.

Please feel free to bring friends and family and to extend an invitation to anyone you feel would enjoy the diverse martial arts being presented. This is the largest event each year where Kinokawa Aikido can be seen by the public and other martial artists. Enclosed are some flyers describing the martial arts demonstrations.

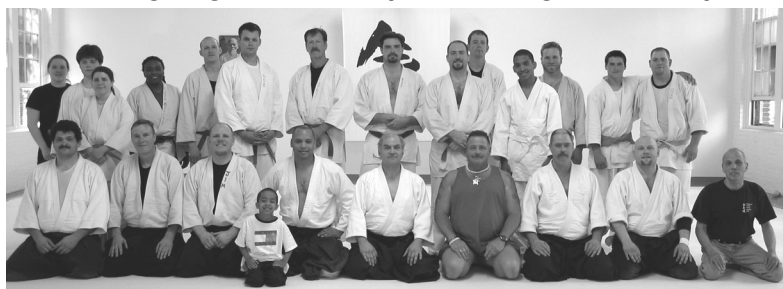
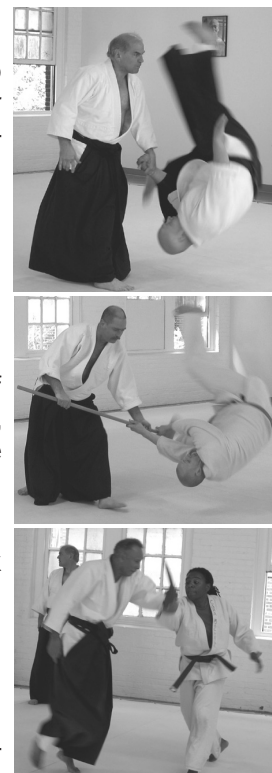
Upcoming Open Training Days: August 19 and October 21, 2006

The dojo opens at 9am on Saturday, warm-ups start at 9:30, and Hanshi Wirth takes over around 10. Training usually runs 4 to 6 hours, broken into hour and a half, or two hour, sessions. Open training days give all Kinokawa students a chance to train at the main dojo directly under Hanshi Wirth. There are no fees; training is open to all Kinokawa students!

Annual Kinokawa Aikido Fall Seminar: September 16 and 17, 2006

Annual Fall Seminar
Main Kinokawa dojo, Allentown PA
Sat/Sun Sep 16-17, 2006 (the 3rd Saturday in Sep)
Registration Deadline: August 18th

Whether you're a current student, looking to get back into your training, or even if you've never stepped foot on our mat, we welcome you to join us for two days of instruction from Hanshi Wirth. We also welcome anyone who is interested in watching the seminar; observers may attend for free.



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